

Scoop & Weigh

Organic unless marked * | A 2% discount applies when you bring your own packaging (excludes refills)

Grains

Basmati Brown	£ 2.52 kg
Basmati White	£ 3.00 kg
Brown Rice Short Grain	£ 2.27 kg
Buckwheat Groats	£ 2.63 kg
Bulghur	£ 2.21 kg
Millet	£ 1.45 kg
Pot Barley	£ 1.06 kg
Quinoa Grain	£ 4.92 kg
White Jasmine Rice	£ 2.71 kg

Oats & Cereals

Jumbo Oatflakes	£ 1.21 kg
Rolled Oatflakes	£ 1.21 kg
Super Muesli	£ 3.23 kg

Beans, Peas & Pulses

Aduki Beans	£ 2.95 kg
Black Turtle Beans	£ 1.55 kg
Butter Beans	£ 3.59 kg
Cannellini Beans	£ 3.06 kg
Chickpeas	£ 1.94 kg
Mung Beans	£ 3.59 kg
Pinto Beans	£ 2.53 kg
Red Kidney Beans	£ 3.86 kg

Nuts

Almonds	£ 1.68 100g
Flaked Almonds	£ 1.80 100g
Ground Almonds	£ 1.79 100g
Brazil Nuts	£ 1.23 100g
Cashews Whole	£ 1.46 100g
Hazelnuts	£ 1.54 100g
Pecans - Halves	£ 2.43 100g
Pine Kernels	£ 3.39 100g
Pistachios *	£ 1.62 100g
Walnut Pieces	£ 1.24 100g

Lentils & Peas

Beluga Lentils	£ 4.12 kg
Brown Lentils	£ 2.69 kg
French-type Lentils	£ 2.57 kg
Green Lentils	£ 3.15 kg
Red Split Lentils	£ 2.03 kg
Green Split Peas	£ 2.53 kg
Yellow Split Peas	£ 2.53 kg

Various

Cacao Nibs	£ 1.03 100g
Cocoa Powder	£ 0.79 100g
Coconut Desiccated	£ 4.30 kg
Cous Cous (Wholemeal)	£ 2.13 kg
Popping Corn	£ 2.42 kg

Dried Fruit

Apple Rings	£ 1.20 100g
Apricots	£ 1.28 100g
Dates	£ 0.52 100g
Figs	£ 0.70 100g
Mango Strips	£ 1.13 100g
Prunes	£ 1.05 100g
Raisins	£ 0.42 100g
Sultanas	£ 0.42 100g
Sun-dried Tomatoes	£ 0.84 100g

Seeds

Chia Seeds	£ 7.98 kg
Hemp Seeds	£ 3.86 kg
Linseed Gold	£ 2.63 kg
Pumpkin Seeds	£ 6.53 kg
Sesame Seeds	£ 3.71 kg
Sunflower Seeds	£ 1.94 kg

Refills - please bring a bottle

Oils & Vinegars

Balsamic Vinegar	£ 5.66 litre
Cider Vinegar	£ 2.26 litre
Shoyu Soya Sauce	£ 8.52 litre
Olive Oil Extra Virgin	£ 7.95 litre
Sunflower Oil	£ 3.61 litre